

CORONAVIRUS (COVID-19)

Safety Advice & Tips

Prevention



Wash hands with water, soap/sanitizer at least 20 seconds



Avoid contact with sick people



Don't touch eyes, nose or mouth with unwashed hands



Avoid crowded places



Avoid contact with animals and animal products



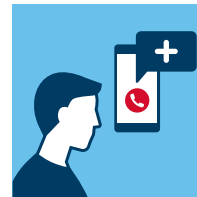
Do not share eating utensils and food



Don't eat raw food, thoroughly cook meat and eggs



Avoid traveling to affected areas unless necessary



If you become sick, seek medical care immediately

Symptoms



Fever



Cough



Shortness of breath



Sore throat



Headache

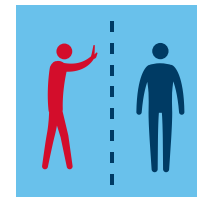
If you are infected:



Stay at home



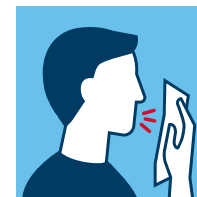
Put tissues in the trash bin and wash hands



Avoid contact with others



Keep objects and surfaces clean



Cover your nose and mouth with tissue or elbow when sneezing