

Home Instructions Following CO₂ Laser Treatment of Condyloma

- **Activity:** No restrictions. You may resume normal activities when comfortable.
- **Wound:** Sitz bath at least two times a day for 5 days following laser of the vulva. Keeping the vulva clean decreases infection. Dry affected area with a hair dryer after each bath.
- **Discomfort:** Minor cramping may persist for 5-7 days duration following laser therapy, as well as a minimal amount of bleeding or discharge. Maximal pain will be 4-7 days following treatment. For severe pain, call your physician. You may take Tylenol or Ibuprofen for pain.
- After leaving the hospital, call the physician if you have any signs of infection, such as increased redness, drainage or fever.