

Patient Health Assessment

Date _____ Name _____ Date of Birth _____

DRUG ALLERGIES: *include any over-the-counter, herbals, or vitamins* _____

Other Allergies: *for example-foods* _____

CURRENT MEDICATIONS: *including over-the-counter, herbal and vitamins*

Medication	Dose	Frequency
1)		
2)		
3)		
4)		
5)		
6)		
7)		
8)		
9)		
10)		

Are there any of your current medications that you do not understand or have questions about? Yes No
If Yes, explain in your words _____

Are there any problems or reasons to *NOT* taking your medications as prescribed? Yes No
If Yes, explain in your words _____

MEDICAL HISTORY

Please check if you currently have or have had any of the following:

- | | | |
|---|--|--|
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart disease |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Depression/Other mental | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> COPD/Emphysema | <input type="checkbox"/> Cancer: _____ | <input type="checkbox"/> High cholesterol |
| <input type="checkbox"/> Dementia/Alzheimer's Disease | | |

Other medical problems not listed: _____

SURGICAL PROCEDURES:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

VACCINATIONS: *Please list any vaccinations you have received here or at another location*

- | | | | |
|--|-------------|--|-------------|
| <input type="checkbox"/> Tetanus/Diphtheria TD | Date: _____ | <input type="checkbox"/> Hepatitis B (series of 3) | Date: _____ |
| <input type="checkbox"/> TDAP (diphtheria added to TD) | Date: _____ | <input type="checkbox"/> Meningitis | Date: _____ |
| <input type="checkbox"/> Shingles | Date: _____ | <input type="checkbox"/> Chicken pox (varicella) | Date: _____ |
| <input type="checkbox"/> HPV (series of 3) | Date: _____ | <input type="checkbox"/> Had the disease | Date: _____ |
| <input type="checkbox"/> Hepatitis A (series of 2) | Date: _____ | <input type="checkbox"/> Influenza/"FLU" | Date: _____ |
| <input type="checkbox"/> Pneumonia (which one if known/date) _____ | | <input type="checkbox"/> Pneumovax 23 | _____ |
| | | <input type="checkbox"/> Pevnar 13 | _____ |

Last Colonoscopy and where completed _____

Female Only:

Date last period began _____ If you do not have periods, when did they stop? _____
 When was your last Pap? _____ Have you ever had an abnormal Pap? Yes No
 Treatment/year for abnormal Pap: _____
 Number of times pregnant _____ Births _____
 Ages of Children _____ Are you considering pregnancy in the next year? Yes No
 Last mammogram? Yes No If yes, when/where? _____
 Last bone density exam _____

Male Only:

- Concerns about erectile dysfunction
- Changes in urination
- Last PSA
- Other: _____

FAMILY MEDICAL HISTORY

List health issues of the following family member, such as cancer, heart disease, high blood pressure, mental illness, allergies, arthritis, diabetes, dementia or any other health concerns

Mother: _____

Maternal Grandmother: _____

Father: _____

Paternal Grandmother: _____

Sibling: _____

Maternal Grandfather: _____

Sibling: _____

Paternal Grandfather: _____



Why do we ask for goals? It helps us to understand what **YOU** want to work on to improve the quality of your life.

List or name at least 1 thing that you want to work on to improve the quality of your life or that you would like to achieve. (example-walk more, less pain, be able to buy my meds, understand my meds, reach a fitness goal)

List the names of any other health care providers/specialists you are currently seeing:
