



Established Patient Physical Questionnaire

Date _____ Name _____

Date of Birth _____ Age _____

Do you have an Advance Directive or other legal, healthcare document?

Yes (please provide copy) No, but I would like additional information

No, and I do not want further information

Drug Allergies _____

Other Allergies _____

CURRENT MEDICATIONS: including over-the-counter and herbal

Medication	Dose	Frequency
1)		
2)		
3)		
4)		
5)		
6)		
7)		

Are there any of your current medications that you do not understand or have questions about? Yes No

Reactions to current medications? _____

Are there any barriers to you taking your medications as prescribed? Yes No

Pharmacy Name/Location: _____

Reason for today's visit: _____

Other concerns or health-related goals I want to address (may need to occur at future visit): _____

MEDICAL HISTORY UPDATE Since last visit, have you had:

Treatment with other providers? Yes No

Hospitalizations? Yes No

Surgical procedures? Yes No

Emergency Department visits? Yes No

When was your last:

Cholesterol check? _____

Mammogram? _____

Eye exam? _____

Bone Density/Dexa? _____

Colonoscopy? _____

Dental Exam? _____

Last PAP? _____

Period? _____ If you do not have periods, when did they stop? _____

Over the past 2 weeks, how often have you been bothered by any of the following problems?	Not At All	Several Days	More Than Half the Days	Nearly Every Day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3

FAMILY MEDICAL HISTORY UPDATE

If this was previously reported, please list only new history since last physical; check box if already on file. (Indicate new health issues of the following family member, such as cancer, heart disease, high blood pressure, mental illness, allergies, arthritis, diabetes, or any other health concerns.)

Mother: _____

Brother: _____

Father: _____

Sister: _____

Maternal Grandmother: _____

Maternal Grandfather: _____

Paternal Grandmother: _____

Paternal Grandfather: _____

SOCIAL HISTORY

Do you smoke? Yes No If yes, how much? _____

If no, did you ever smoke? Yes No If yes, how much & when did you quit? _____

How often do you use alcohol? Never Rarely 2-3 times/month 2-3 time/weeks Daily

Average number of drinks per episode: _____

Who lives at home with you? _____

Concerns about abuse/neglect in your home? _____

Single Married Divorced Widowed Single but in long term relationship

Number of children? _____ Religious restrictions? _____

Do you use any illicit/recreational drugs? Yes No If yes, what kind? _____

Do you exercise? Yes No If yes, how often & what type? _____

What is your current occupation? _____

Are you currently sexually active? Yes No New partners since last exam? Yes No

Are you interested in getting tested for sexually transmitted diseases? Yes No

Do you have a history of sexually transmitted disease? Yes No Abnormal Pap? Yes No _____

Do you have a history of sexual abuse? Yes No

Special diet: _____

Caffeine intake: _____

Do you use seatbelts? Yes No If motorcycle rider, do you wear a helmet? Yes No N/A

Current sources of stress in your life: _____

Please circle if you are having any of the following problems recently:

Constitutional: [Fever] [Chills] [Sweats][Weakness] [Fatigue] [Decreased Activity]

Eyes: [Recent visual problems] [Discharge] [blurring] [Double Vision] [Visual disturbances]

ENT: [Decreased hearing] [Ear pain] [Nasal congestion] [Sore throat]

Respiratory: [Shortness of breath] [Cough] [Sputum production] [Coughing up blood] [Wheezing] [Apnea]

Cardiovascular: [Chest pain] [Palpitations][Slow heart rate] [Fast heart rate] [Swelling] [Fainting]

Gastrointestinal: [Nausea] [Vomiting] [Diarrhea] [Constipation] [Heartburn] [Abdominal pain] [Vomiting blood]

Genitourinary: [Pain with urination] [Blood in urine] [Change in urine stream] [Urethral discharge] [Lesions]

Gynecologic: [Painful periods] [Hot flashes] [Intermenstrual bleeding]

Hema/Lymph: [Bruising tendency] [Bleeding tendency] [Swollen lymph glands]

Endocrine: [Excessive thirst] [Frequent urination] [Cold intolerance] [Heat intolerance] [Excessive hunger]

Immunologic: [Immunocompromised] [Recurrent fevers] [Recurrent infections] [General discomfort]

Musculoskeletal: [Back pain] [Neck pain] [Joint pain] [Muscle pain] [Lower leg pain] [Decreased range of motion] [Trauma]

Skin: [Rash] [Itching] [Abrasions] [Sores] [Burns] [Dryness] [Broken blood vessels] [Skin lesion] [Raised scar]

Neurologic: [Abnormal balance] [Confusion] [Numbness] [Tingling] [Headache]

Psych: [Anxiety] [Depression] [Mania] [Suicidal] [Delusional] [Hallucinations]

Other items not mentioned above: _____

VACCINATIONS

Have you had any vaccinations since your last physical?

Tetanus Date: _____

Hepatitis B (series of 3) Date: _____

Pneumonia Date: _____

Meningitis Date: _____

Shingles Date: _____

Chicken pox (varicella) Date: _____

HPV (series of 3) Date: _____

Had the disease Date: _____

Hepatitis A (series of 2) Date: _____

Influenza Date: _____

We are happy to request medical records from other medical providers for documentation purposes.