

EGD INSTRUCTIONS

Read all instructions carefully at least one week prior to your procedure.

Your procedure is scheduled for:

Date: _____

Location: LMH Health, 330 Arkansas St
West Entrance, Check in at Admissions/Patient Registration

Arrival Time: _____

TRANSPORTATION:

- ✓ Plan for transportation. You will be sedated for your procedure and not able to drive or work after.
 - ✓ You **must** bring an adult (age 18+) to drive you home.
 - ✓ You may **not** take a taxi or bus by yourself.
 - ✓ Your driver should stay in the building during your procedure.

If you do not have an appropriate ride home, your procedure will be cancelled.

Call our office if you are unable to arrange a ride.

PRE-PROCEDURE PHONE CALL:

- ✓ A nurse from the Endoscopy Center will call you prior to your procedure to review your medical history (including medications and allergies). Please return calls to the Endoscopy nurse at 785-505-4866.

WEEK PRIOR TO PROCEDURE:

- ✓ If you are taking Coumadin, Plavix, Pradaxa, or other blood thinners, or have any type of clotting disorder, **please let our office know as soon as possible.**
- ✓ If you take insulin, seizure medications, or time-sensitive medications **it is important** that you speak with a nurse about necessary adjustments to your medication regimen.

Prep Instructions:

- ✓ Nothing to eat or drink for at least 8 hours before the procedure.
- ✓ Do not chew gum or tobacco after midnight.
- ✓ Avoid taking any medication the day of the procedure, unless otherwise directed by you physician.
 - Wear comfortable, loose fitting clothes. Do not wear jewelry or bring valuables. You may leave these items at home, or with your family members. We do not provide storage for them.
 - Please bring:
 - list of current medications
 - Photo ID and Insurance Card

Depending on your insurance, a portion of payment may be requested at the time of registration. If questions, call LMH Pre-Service at 785-505-3762.