

LMH Health Leadership Academy

Summer 2026 Application

Program dates: June 1 – July 30

Applicant requirements:

- Be a current high school junior or senior at a Lawrence or surrounding area high school
- Be in good standing at your high school
- Must be 16 years old or older by June 1, 2026

You can expect to hear an update of your application status via email or mail from the LMH Health Leadership Academy selection committee by **May 8, 2026**.

If in-person interviews for finalists are necessary, expect to hear from the Academy Leadership Team by April 18th. Interviews, if necessary, will take place on Tuesday, April 23rd and Wednesday, April 24th at 316 Maine St. Please note, an in-person interview does not guarantee a spot in the Academy nor does not being selected for an in-person interview mean you are not still being considered.

If your email address should change before the deadline, or for any questions about the application process please email LMHAcademy@LMH.org

Directions:

- Complete instructions for submitting your application may be found on page 7 of this packet, "Application Checklist & Next Steps". Please note that all sections of the application must be submitted together as one single PDF document or as one paper packet.
- Application: Pages 2-4 filled out completely by student and parent/guardian.
- One letter of recommendation from someone NOT in your family. (See directions on page 5.)
- Short essays from questions on page 6.
- School transcript (most recent) Note: Unofficial transcripts are accepted.

2026 Summer Leadership Academy Application

Applicant Information

Applicant's Legal Name: (as it appears on your transcript)	Date of Birth:
Cell Phone:	Home Phone:
Address:	City:
Zip:	
Email:	
School:	
2025-2026 school year grade level:	<input type="checkbox"/> Junior <input type="checkbox"/> Senior
Anticipated graduation year:	
Parent/Guardian Name:	Parent/Guardian Phone:

Voluntary race/ethnicity identification

The information below collected solely for data gathering purposes. Your response to the following questions will **not** impact your eligibility or selection in the application process. If you choose to self-identify, you may check all options that apply.

- | | |
|--|---|
| <input type="checkbox"/> African American /Black | <input type="checkbox"/> Hispanic/Latino/Latina |
| <input type="checkbox"/> American Indian/Native American/Alaskan | <input type="checkbox"/> Middle Eastern |
| <input type="checkbox"/> Native | <input type="checkbox"/> White/Caucasian |
| <input type="checkbox"/> Asian/Pacific Islander | <input type="checkbox"/> Other (please specify) |
- I prefer to not identify

Personal Reference

Please list the name and phone number of one (1) school staff member who would recommend you for this program.

School staff member name:

Phone:

Additional information

List your school/extracurricular activities and community service activities (high school years only).

List your responsibilities at home.

Please provide any dates (Tuesday-Thursday 8:00 am – 5:00 pm) that you will not be available from June 1, 2026 – July 31, 2026 and why?

To be completed by the applicant:

By signing below, I certify that I understand the application process and that the information provided in the entirety of my submission is correct to the best of my knowledge.

Signature of applicant

Date

To be completed by the parent or guardian of the applicant:

By signing below, I certify that my child has permission to participate in the 2026 Summer Leadership Academy if selected, and I give LMH Health permission to use my child's name and photo for marketing and communication purposes.

Signature of Parent/Guardian

Date

Letter of Recommendation

Instructions:

- The letter should be from an adult outside of the applicant's family (teacher, coach, counselor at school, neighbor, community leader, youth pastor/coordinator, employer, etc.).
- Only one letter of recommendation may be submitted per applicant. Additional letters will not be considered by the committee.
- The letter should be no longer than **one page** and should include information that gives the selection committee further insight into the applicant.
- Students selected into the LMH Health Leadership Academy are expected to demonstrate a high levels of the following traits. Your letter should include information relevant to any of the areas listed below.
 - Maturity
 - Professionalism
 - Engagement in community and school
 - Enthusiasm for learning
 - Interest in the health professions or leadership roles in other industries

Letters of recommendation should be returned to the applicant with a handwritten signature to be included with the completed application.

Personal Essay

Instructions:

- Please include answers to the following questions in a separate document.
- Put your name at the top of your typed pages.
- Indicate the number of each question when you answer it.

Please respond to each of the six questions below using 4 to 6 sentences. This helps ensure your answers are thoughtful and provide sufficient detail.

1. What are your plans after high school and how do they relate to your career interests?
2. Why do you want to participate in this Academy and what do you expect to get out of the program?
3. Who is someone you admire and why?
4. What is something you have learned outside of school that has shaped who you are?
5. Imagine your life as a book, what would the current chapter be titled and why?
6. Tell us about your leadership style – how do people you work with describe you? What kind of leader do you want to be?

Application Checklist & Next Steps

Please complete application and place sections in the following order:

1. Application (electronic or paper): Pages 2-4 filled out completely by student and parent/guardian
2. One letter of recommendation from someone NOT in your family – directions on page 5
3. Personal essay – directions on page 6 (typed and attached to digital or paper packet)
4. Most recent school transcript (unofficial transcripts will be accepted)

Applications may be submitted no later than April 10, 2026 in one of the following ways:

1. Fill out an electronic application at <https://www.lmh.org/leadership-academy/>
2. Mail the completed paper application (postmarked on or before **April 10**)
LMH Health Foundation
Attn: Erica Hill
316 Maine St.
Lawrence, KS 66044
3. Deliver (front desk or drop box) the completed paper application to 316 Maine St., Lawrence, KS 66044. *If you submit your application via the drop box to the left of the front door, please email LMHAcademy@LMH.org to notify the team of its delivery.*

Application process following submission:

1. The LMH Health Leadership Academy team will send an email confirmation indicating your application has been received.
2. All applicants will be notified of their application status after the selection committee completes the initial grading by **May 8, 2026**.
3. If in-person interviews for finalists are necessary, you will be contacted by the Leadership Academy team. An in-person interview neither guarantees nor confirms a spot in the Academy.
4. Selected students will begin the LMH Health Leadership Academy on **June 1, 2026**.